WHAT YOUNG CHILDREN KNOW AND NEED TO LEARN ABOUT PATTERN AND ALGEBRAIC THINKING

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What do we mean by pattern? Can young children engage in algebraic thinking to understand patterns? How should we help young children to think about and understand patterns?

REGULARITY, REGULARITY, EVERYWHERE

Young children, even babies, are exposed to many, many regularities in their worlds and in themselves. They encounter regularities that are fixed and do not move, like stripes on clothing. Other regularities unfold over time, like songs, or continue indefinitely, like counting by twos.

Babies: One type of regularity involves visual patterns in the immediate environment which are available for babies to see and examine. Indeed, research shows that babies prefer to look at patterns, rather than at uniform scenes, perhaps because patterns provide opportunities to discern differences. Baby Cassie might discern the beautiful patterns on her Boppy (a pillow on which she can recline). The elephants are evenly spaced in lines and rows, the elephant’s ears are roughly in the middle of each body, and out of each of the trunks spouts a horn-shaped stream of water. Were Cassie to examine her own wardrobe she could find that her top boasts stripes of three colors. In short, the environment provides a wealth of regularities from which babies may (or may not) extract pattern and other information. Babies all over the world live in environments that are as complex as Cassie’s, although different from it.

Cassie will also hear regularities in music, in the repeating sequences of sounds. Her parents will sing tunes such as “Hush little baby, don’t say a word, Papa’s gonna buy you a mocking bird,” and “There was a farmer had a dog, and Bingo was his name, oh. B-I-N-G-O…” Maybe she will even hear her mother’s steady heart beat during nursing.

Preschoolers: By the time children are in preschool, they have experienced an incredibly large number of regularities. Some involve spatial relations and shapes, as is the case in this picture of Rabbit’s home in a preschool classroom. A child in this classroom could see the regular, orderly rows and columns of rectangles, each with height approximately double the base; the ramp divided into approximate squares, separated by “lines” (thin rectangles of wood), and ascending at about a 45° angle to the floor. The steps, which are all the same, ascend in a regular pattern. In the background, the green rectangular buckets (prisms) are stacked neatly
on top one another, each rising a constant amount over the others, until this pattern is
crowned in purple. Of course, children would not describe these regularities in such adult
terms. But the regularities pervade the child’s quotidian environment and set the stage for
learning about shapes, patterns, and much else.

Learning language also involves many regularities: English plurals of nouns mostly have an \textit{s} at
the end but individual nouns do not; for example, \textit{birds} and \textit{bird}, or \textit{bees} and \textit{bee}. There are few
exceptions to the rule, as in the case of \textit{child} and \textit{children}. English indicates the past tense by
adding \textit{ed} to verbs: “I kicked the ball.” Again, there are exceptions as in “I found the ball,”
instead of “I \textit{finded} the ball.” Young children clearly notice the regularities, as is evident from
some of their mistakes, like, “I goed to the store where I finded the mooses.” Indeed, the
mistakes are evidence that the childrens (I’m working on my plurals) noted the regularities and
used them to form a rule which they overgeneralized.

The perception of regularities is a cognitive universal: although their content may vary, children
everywhere, regardless of culture and socioeconomic status, encounter huge numbers of
regularities and develop an intuitive, informal understanding of the regularities they
experience.

\textbf{PATTERN}

We use the word \textit{pattern} to refer to some (but not all) regularities. \textit{Pattern} is a very complex
and general term, like \textit{understanding}. In early math education, we tend to focus on two broad
types of patterns: dynamic and static. We might say that dynamic patterns are going
somewhere, but static patterns are happy where they are. Dynamic patterns, like a song, unfold
over time. A dynamic alternating pattern can in principle extend indefinitely. By contrast, static
patterns, like stripes on a dress, are complete in themselves. Looking at the dress, you can see
all the stripes, the full pattern, and there are no more stripes, nothing more to see.
Pattern is everywhere: in music, on clothing, and so on. Pattern is everywhere in another sense too. Pattern is at the foundation of many different mathematical topics. For example, counting by twos involves pattern: the numbers get bigger by a constant amount and extend indefinitely. The simple hundreds chart shows the pattern of the base-ten system of the whole numbers. Shapes have patterns too, as shown by a block tower symmetrical in two dimensions. In other words, the study of pattern should be an essential part of teaching and learning almost any mathematical topic in early education.

The goal of early math education should be to help children deepen and mathematize their understanding of pattern. They need not only to perceive the pattern on the dress, but also to describe it in explicit terms. In the most general sense, children need to focus on the structures and rules that underlie overt surface phenomena (just as the linguist attempts to uncover the grammatical rules that underlie speech). If children understand patterns, they will be able to describe them, reproduce them, extend them, fill in missing elements, and create new patterns. Preschoolers can learn much more than a rote recitation of ABAB patterns, which is of limited importance in early math education.

When children search for the structures and rules underlying pattern, they are beginning to engage in algebraic thinking. The child might discover that each tower in a series of towers increases by two blocks, so that the tower after the last one constructed, which is, say, L blocks tall, must be L + 2 blocks tall. And the next one after that must be (L + 2) + 2, and so on. Although she does not write anything or use written symbolism, the child is engaged in simple algebraic thinking that expresses a general rule.

Eventually, in early elementary school, the child who has constructed a tower beginning with two blocks and then increasing its height by two blocks each time, can determine that the fifth tower in the series, even if she has not yet constructed it, must be 5 X 2 blocks high. And after that, the next step is to realize that the tower in the nth position, whatever it is, must have n X 2 blocks.

Although the written statement of this rule using mathematical symbolism may not be learned for some time, the thinking is algebraic. In this sense, we can say that pattern and algebraic thinking provide the gateway to the formal algebra taught in later grades.

Children should learn about a variety of patterns, both static and dynamic. These include:
• alternating patterns, including
  o the shapes: circle-square-circle-square...
  o the colors: red-blue-blue-red-blue-blue...
  o the musical sounds: do-do-re-re...
• growing patterns, for example, the increasing height of block towers,
• number patterns such as skip counting, grouping by tens, and simple number tables (like the hundreds chart, which can contain a great deal of rich mathematics),
• equivalence of patterns, for example the equivalence between an alternating-colors pattern and a pattern of alternating shapes or even sounds,
• musical patterns such as ascending and descending melodies,
• spatial relations, like the symmetries involved in block constructions,
• and methods for representing patterns: by drawings or symbols (like A and B) and eventually the written symbolism that is at the heart of algebra.

Children also need to learn, at least implicitly, that patterns are abstract ideas that can apply to almost anything, be it numbers, shapes, or unicorns. We can use the idea of pattern to understand a series of musical notes or the setting of the sun. Conversely, we can use candies or monsters or a number line to illustrate a pattern. Patterns can take many, many forms. Patterns are much, much more than the traditional (and valuable) ABAB.

**HOW SHOULD WE TEACH PATTERNS?**

One approach is to seize upon teachable moments that arise in the everyday environment. For example, the constructions that children create in their artwork and block play often contain patterns. The teacher can ask children to describe their creations and perhaps even talk about how the constructions involve patterns. “Tell me about what you did with these blocks. Why did you put these over here and the other ones over here? Do you see a pattern? Why do you think it’s a pattern?”

Another approach is guided instruction, in which the teacher uses various manipulatives or other tools (a piano or the voice, or paper and crayon, or digital devices) to systematically develop various ideas about pattern. “Let’s use these blocks to make a staircase.” “Try to make this part of the house the same as that part.”

Regardless of the specific content, manipulatives, and tools used, teachers should emphasize thinking and communicating about patterns and the structures underlying them. The use of standard written symbols is usually not appropriate for children at this age level, but describing, communicating, and thinking are essential from the outset.